



After your Chemical Peel:

It is crucial to the health of your skin and the success of your peel that these guidelines be followed:

1. It is imperative that you use a sunscreen with an SPF of at least 30 and avoid direct sunlight for at least 1 week. Use protective clothing, such as a hat.
2. Patients with hypersensitivity to the sun should take extra precautions to guard against exposure immediately following the procedure as they may be more sensitive following the peel.
3. Because of the superficial nature of a Chemical Peel, patients should expect to see visible peeling. Occasionally, some patients may have very minor flaking 3-4 days after the procedure.
4. Skin may appear slightly redder than usual for about 1-2 hours after the treatment. If neck and décolletage are treated, the redness might last slightly longer.
5. Skin should look normal the next day.
6. Apply a light moisturizer as often as needed to relieve dryness and tightness.
7. You may resume the regular use of Retin-A, alpha-hydroxy acid (AHA) products or bleaching creams ONLY after the peeling process is complete or after 4-5 days.
8. Wait until the peeling is complete before having ANY OTHER FACIAL PROCEDURES, including: Facials, Microdermabrasion, Laser treatments, Laser hair removal, BOTOX injections, Injectable fillers

Sunburn Alert

This product may contain an alpha hydroxyl acid(AHA) that may increase your skin's sensitivity to the sun and particularly the possibility of sunburn. Use a sunscreen, wear protective clothing, and limit sun exposure while using this product and for a week afterwards.

ADVERSE EXPERIENCES THAT MAY OCCUR AFTER YOUR CHEMICAL PEEL: It is common and expected that your skin will be red and possibly itchy and/or irritated. It is also possible that other adverse experiences (side effects) may occur. Although rare, the following adverse experiences have been reported by patients after having a Chemical Peel: edema, stinging and burning, dryness and erythema.

*Call the office immediately if you have any unexpected problems after the procedure.