



Pre- and Post-Kybella Injections

Pre-treatment

- Men should shave the area one day prior to treatment.
- Do not wear makeup, moisturizers, or fragrance on the day of your appointment.

Post-Treatment

- An icepack should be applied immediately after Kybella treatment for 5-15 minutes to reduce discomfort and swelling.
- Pain, swelling, bruising and numbness are common after Kybella injections. This can be managed with ice and over-the-counter pain medication and anti-inflammatories, such as Tylenol or Ibuprofen.
- Call us at 973-763-7546 if you develop any difficulty swallowing, an asymmetric smile, muscle weakness, skin ulceration or signs of infection.
- Follow-up in 1 month with your doctor.