

Methotrexate Instructions and Warnings

- Take your medication exactly as prescribed. If you have any doubts or questions contact your physician.
- **If accidental overdose occurs contact your physician immediately**
- Avoid alcohol, including beer, while you are taking Methotrexate
- Female and male patients of reproductive age should practice birth control while on Methotrexate and for 3 months afterward for men and 1 month afterward for women.
- Avoid NSAIDs and salicylates. If you must take these medications, discuss this with your physician.
- **Call your physician immediately if you develop signs of infection, coughing, shortness of breath, or unusual bleeding.**
- Common side-effects include loss of appetite, nausea, diarrhea and stomatitis (sores of the mouth).
- More serious side-effects can include hepatotoxicity, pulmonary toxicity, myelosuppression and nephrotoxicity. Advise your physician of any side-effects.
- Malignancies, especially lymphoma, may be more common in patients taking methotrexate.