

Pre-Procedure Instructions – Pediatric Procedures

- Please arrive 15 minutes before your appointment to complete any necessary paperwork.
- We will first apply a topical numbing agent to the site to be treated, after which you will wait for 45-60 minutes.
- Please bring with you a bottle of children's Benadryl. If your child can cooperate, we will give a dose of Benadryl, which is a sedative.
- Please bring with you a bottle of sugar water (2 packets of sugar dissolved in 4 oz of water).
- Please bring with you a large swaddling blanket.
- After the topical numbing medication and Benadryl has taken effect, you will be brought back to the procedure room.
- If possible, we will swaddle your child. This provides comfort to the child and also immobilizes the child's arms.
- During the procedure, you will hold your child on your lap and offer the bottle of sugar water. Your cooperation and care of your child is an essential part of the procedure

Thank you for entrusting us with the care of your child.