



### **Sculptra Aftercare Instructions**

**Ice.** Within the first 24 hours of treatment, apply a cloth-wrapped ice pack to the treated area for a few minutes at a time. Never apply ice directly to the skin. The cold will help reduce common swelling.

**Facial Massage.** Massage the treated area for 5 minutes 5 times a day for 5 days after treatment as recommended by your physician.

**Sun Protection.** Protecting your skin from the sun is always important, but after treatment, excessive sunlight and UV lamp exposure should be avoided until any initial swelling and redness go away. Your doctor will provide guidelines on sunscreen protection and how to avoid excessive sunlight.

Call us at 973-763-7546 if you have any questions or concerns after treatment. Be sure to keep any follow-up appointments that may be scheduled.