



PRE-OP INSTRUCTIONS FOR SCULPSURE

- If you have any of the following, you cannot be treated:
 - open lesions and wounds in the treatment area. Healthy skin, with no evidence of compromised wound healing, is required.
 - an unrepaired abdominal hernia.
 - prior treatment with parenteral gold therapy (gold sodium thiomalate).
 - pregnant and/or breastfeeding.
- Let us know if you have any of the following, so your doctor can evaluate if SculpSure is right for you:
 - history of immunosuppression / immune deficiency disorders, including HIV infection or AIDS, or use of immunosuppressive medications.
 - a tattoo in the treatment area.
 - currently taking antiplatelets, thrombolytics, anti-inflammatories or anticoagulants- including but not limited to the heavy use of aspirin, i.e., greater than 81 mg per day.
 - a previous procedure or surgery in the treatment area that may have resulted in decreased sensation, scar/fibrotic tissue or large scars that may interfere with the treatment.
 - an active tan, or the need to be exposed to artificial tanning devices or excessive sunlight a week (7 days) before or after treatment.
 - a history of skin photosensitivity disorders, or is taking photo-sensitized medication.
 - a neuropathic disorder, impaired skin sensation, or diabetic neuropathy.
 - a history of keloid formation.
 - a history or evidence of squamous cell carcinoma or melanoma.
 - protruding varicosities in the treatment area.
- Prior to your procedure:
 - Skin should be free of lotions and any topical medications.
 - If you have thick hair, you should shave the area the day before.
 - Drink a lot of fluid, and eat normally the day of your procedure.
 - Limit sun exposure 1 week prior to treatment

POST-OP INSTRUCTIONS FOR SCULPSURE

- Your skin may be slightly pink to red immediately after treatment. This may last for a few hours.
- Following the SculpSure treatment you may experience swelling and tenderness that typically lasts for approximately 2 weeks, but may last longer. You may also experience tissue firmness or nodules. Nodules can last for days to several months, depending on the size of the nodule. This side effect will resolve on its own.
- The treated areas should be massaged two (2) times a day for five to ten (5-10) minutes.
- There are no lifestyle restrictions following your SculpSure treatment.
- It is recommended to increase your water intake after treatment.
- You may use ice packs or Tylenol according to package instructions to help ease tenderness. Do not take anti-inflammatory medications, such as Advil or Motrin, or Aspirin.
- Contact us at 973-763-7546 with any questions or problems